



HIGHSTED GRAMMAR SCHOOL
SAFEGUARDING E-BULLETIN (14 November 2016)

Dear Parents / Carers,

Re: Anti-Bullying Week 2016 (14 – 18 November 2016)

Anti-Bullying Week in England is coordinated by the Anti-Bullying Alliance and this year takes place from the 14th-18th November.

Anti-Bullying Week shines a spotlight on bullying and encourages all children, teachers and parents to take action against bullying throughout the year.

The theme this year is '**Power for Good**' with the following key aims:

- *To support children and young people to use their Power for Good – by understanding the ways in which they are powerful and encouraging individual and collective action to stop bullying and create the best world possible.*
- *To help parents and carers to use their Power for Good – through supporting children with issues relating to bullying and working together with schools to stop bullying.*
- *To encourage all teachers, school support staff and youth workers to use their Power for Good – by valuing the difference they can make in a child's life, and taking individual and collective action to prevent bullying and create safe environments where children can thrive.*

#antibullyingweek #powerforgood

Sources of information, advice and support for Parents / Carers:

- **Family Lives (previously Parentline Plus) 0808 800 2222** - gives support and advice for parents on any aspect of parenting and family life, including bullying.
- **Contact a Family** have a helpline for families with disabled children - they can give advice on bullying issues. You can contact them on **0808 808 3555** and visit their website for more information
- The **Child Exploitation and Online Protection Centre (CEOP)** Provides help and advice on cyberbullying, the Centre maintains a website for children and young people, and parents and carers about staying safe online. ***A link to the CEOP website can be found on the homepage of Highsted Grammar School's website.***
- **Internet Matters** provides regularly refreshed content to support parents and carers with all aspects of e-safety. Includes lots of advice on technology that can help you to protect your child online and helpful content relating to cyberbullying.
- **Kidscape** provide workshops for children that need support with bullying issues as well as a helpline for parents and carers
- **NSPCC and O₂** have a free online safety helpline for parents and carers **0808 8005002**
- **Red Balloon Learner Centres** provide intensive, full-time education for children aged between 9 and 18 who feel unable to return to school because they have been severely bullied. There are Red Balloon Centres all over England, and they also have a programme of online support.

Further information and advice for Parents / Carers can be found at:

www.anti-bullyingalliance.org.uk/media/22012/ABA_BULLYING_PACK.pdf

Please contact **Mr Daniel Quinn (Designated Safeguarding Lead)** directly if you have further questions/concerns.

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