



## Highsted Knowledge Organiser

### Physical Education

#### Year 9 Invasion Games

*The blue italic writing is GCSE PE content*

#### What I need to know:

To be able to select and apply a range of skills and tactics/ strategies effectively to overcome opponents in conditioned practices and direct competition with success.

- **Invasion** – Netball, Football, Basketball, Tag

*Warm up, stretching, Drills and practices, conditioned games, competitive games, cool down & analysis*

*Can take on the role as an official or referee/umpire*

#### Key Vocabulary: *GCSE*



Invasion games  
 Net/wall games  
 Striking games  
 Drills and practices  
 Outwitting opponents  
 Attack  
 Defence  
 Marking  
 Dodging  
 Leading  
 Finding space  
 Passing  
 Receiving  
 Coach  
 Referee/Umpire

#### Student reference point:



*Create your own practice to develop a tactic for a sporting activity of your choice.*

*Think about what skill or tactic you want to improve, equipment needed, space, number of people.*



*Research the rules for a game of your choice.*

*Take on the role of an official/referee/umpire in a lesson with your newfound knowledge.*



*Watch this clip to help you learn the correct referee signals in football*

<https://www.youtube.com/watch?v=jcBnqS4Fx2s>

Take this quiz to see how well you know the rules for football.

<https://www.youtube.com/watch?v=3-1ZZ5oHS0o>



Attend extra-curricular clubs within School to develop skills and fitness further.

Speak to your PE teacher about clubs and gyms in the wider community, we have links to athletics, hockey, cricket, netball, swimming, football and volleyball clubs.

Attend live matches/games if you can as this is a great way to develop knowledge of skills, tactics and strategies

**Challenge question:** *How has technology been introduced in invasion games to assist officiation of matches and develop the sporting experience for performers and spectators?*

#### Suggested reading:

How to improve at football (library)  
 Soccer drills- age 12 to 16 (library)  
 Basketball Fundamentals (library)  
 Netball - nonfiction books in library



Rebound (library)  
 Team games - invasion games like football  
 Game on- edited by Laura Silverman  
 You are a champion- Marcus Rashford



## Highsted Knowledge Organiser

### Physical Education

#### Year 9 Net Games

*The blue italic writing is GCSE PE content*

#### What I need to know:

Can perform a range of skills and tactics in attack and defence in isolation and within conditioned practices and competition.

- **Net/Wall** – Tennis, Short tennis, Badminton, Newton, & Volleyball

Warm up, stretching, Drills and practices, conditioned games, competitive games, cool down & analysis

#### Key Vocabulary:

Net games

Badminton/Tennis/Short tennis/Volleyball

Drills and practices

Outwitting opponents

Serve

Forehand / clear

Backhand /clear

Volley

Smash

Dig/bump

Block

Scoring



#### Student reference point:



*Watch the following clips to learn how to refine your skills and learn the rules for net games.*

<https://www.youtube.com/watch?v=mKXtVQnqhB4>

Federer tennis serve in slow motion

[https://www.youtube.com/watch?v=1P\\_Das6OjAk](https://www.youtube.com/watch?v=1P_Das6OjAk)

Rules of tennis

<https://www.youtube.com/watch?v=OWCkPbzq81g>

Rules of volleyball

<https://www.youtube.com/watch?v=UyLli-TbcFc>

Rules of badminton



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*Can you practice the skills and apply the rules as an official from the videos you have watched from the task above in your lessons or matches to refine your own performance?*



Create your own net game. What would be the rules, court markings, how many players etc?

#### Challenge question: *What is Hawk eye and how is it used in tennis?*

#### Suggested reading:



Play better tennis (library)

Step by step tennis skills (library)

The extraordinary life of Serena Williams- Shelina Janmohamed