







Highsted Knowledge Organiser

Physical Education

Year 9 Net Games

<p>What I need to know:</p> <p>Can perform a range of skills and tactics in attack and defence in isolation and within conditioned practices and competition.</p> <ul style="list-style-type: none"> Net/Wall – Tennis, Short tennis, Badminton, Newton, & Volleyball <p>Warm up, stretching, Drills and practices, conditioned games, competitive games, cool down & analysis</p>	<p>Key Vocabulary:</p> <p>Net games Badminton/Tennis/Short tennis/Volleyball Drills and practices Outwitting opponents Serve Forehand / clear Backhand /clear Volley Smash Dig/bump Block Scoring</p> 
<p>Student reference point:</p>	
 <p>Watch the following clips to learn how to refine your skills and learn the rules for net games.</p> <p>https://www.youtube.com/watch?v=mKXtVQnqhB4 Federer tennis serve in slow motion</p> <p>https://www.youtube.com/watch?v=1P_Das6OjAk Rules of tennis</p> <p>https://www.youtube.com/watch?v=OWCkPbzq81g Rules of volleyball</p> <p>https://www.youtube.com/watch?v=UyLli-TbcFc Rules of badminton</p>	 <p>Attend extra-curricular clubs within School to develop skills and fitness further.</p> <p>Speak to your PE teacher about clubs and gyms in the wider community, we have links to athletics, hockey, cricket, netball, swimming, football and volleyball clubs.</p> <p>Attend live matches/games if you can as this is a great way to develop knowledge of skills, tactics and strategies</p>
 <p>Can you practice the skills and apply the rules as an official from the videos you have watched from the task above in your lessons or matches to refine your own performance?</p>	 <p>Create your own net game. What would be the rules, court markings, how many players etc?</p>
<p>Challenge question: What is Hawk eye and how is it used in tennis?</p>	
<p>Suggested reading:</p>  <p>Play better tennis (library) Step by step tennis skills (library) The extraordinary life of serena Williams- Shelina Janmohamed</p>	

