









Highsted Knowledge Organiser

Physical Education

Year 9 Team Games

<p>What I need to know:</p> <p>To be able to select and apply a range of skills and tactics/ strategies effectively to overcome opponents in conditioned practices and direct competition with success.</p> <ul style="list-style-type: none"> • Invasion – Netball, Football, Basketball, Tag • Striking – Rounders & Cricket • Net/Wall – Tennis, Short tennis, Badminton, Newton, & Volleyball <p>Warm up, stretching, Drills and practices, conditioned games, competitive games, cool down & analysis</p> <p>Can take on the role as an official or referee/umpire</p>	<p>Key Vocabulary:</p>  <p>Invasion games Net/wall games Striking games Drills and practices Outwitting opponents Attack Defence Marking Dodging Leading Finding space Passing Receiving Coach Referee/Umpire</p>
<p>Student reference point:</p>	
 <p>Create your own practice to develop a tactic for a sporting activity of your choice. Think about what skill or tactic you want to improve, equipment needed, space, number of people.</p>	 <p>Research the rules for a game of your choice. Take on the role of an official/referee/umpire in a lesson with your newfound knowledge.</p>
 <p>Watch this clip to help you learn the correct referee signals in football https://www.youtube.com/watch?v=icBnqS4Fx2s</p> <p>Take this quiz to see how well you know the rules for football. https://www.youtube.com/watch?v=3-1ZZ5oHS0o</p>	 <p>Attend extra-curricular clubs within School to develop skills and fitness further.</p> <p>Speak to your PE teacher about clubs and gyms in the wider community, we have links to athletics, hockey, cricket, netball, swimming, football and volleyball clubs.</p> <p>Attend live matches/games if you can as this is a great way to develop knowledge of skills, tactics and strategies</p>
<p>Challenge question: How has technology been introduced to various sports to assist officiation of matches and develop the sporting experience for performers and spectators?</p>	
<p>Suggested reading:</p>	
<p>How to improve at football (library) </p> <p>Soccer drills- age 12 to 16 (library)</p> <p>Play better tennis (library)</p> <p>Step by step tennis skills (library)</p> <p>Basketball Fundamentals (library)</p> <p>Netball - non fiction books in library</p>	<p>The extraordinary life of serena Williams- Shelina Janmohamed</p> <p>Rebound (library)</p> <p>Team games - invasion games like football</p> <p>Game on- edited by Laura Silverman</p> <p>You are a champion- Marcus Rashford</p>