



Subject: Psychology A-level (Enrichment Material)

Know It (Knowledge)	Use It (Application)	Stretch It (Development)
<p>Research a mental health disorder that is not on the abnormality specification (<i>ie</i> not phobias, depression or OCD). Write a summary of the main characteristics, biological and psychological explanations and their related therapies.</p>	<p>Watch the film 'Memento' (2000) starring Guy Pearce. This film follows the story of a man who, as a result of an injury, has significant memory impairment.</p> <p>As you watch the film, think about which aspects of the memory topic could be applied.</p>	<p>Read the book 'The Lucifer Effect' by Philip Zimbardo (first published 2008). In this book Zimbardo examines how the human mind has the capacity to be caring, selfish, kind or cruel. Extends your understanding of his famous Stanford Prison study, and links to many other aspects of the social influence topic.</p>
<p>Visit the American Psychological Society's free journal articles page Follow Link 1 (below). This site contains links to a whole world of contemporary research, with a wide variety of topics addressed. Select at least one article to read in full – this will inform you of the nature of psychological journals and reporting formats (required for research methods) – and it will be interesting too!</p>	<p>Watch the film 'Experimenter' (2015) starring Peter Sarsgaard. This recreates the story of Milgram's infamous obedience study.</p> <p>As you watch the film, re-evaluate his research, taking into account factors such as the validity and the ethical issues. Answer the question – was the study justified?</p>	<p>Watch the TED talk 'The Psychology of Tyranny'. In this talk, Professor Alex Haslam reviews Milgram's experiment and the links that were subsequently made to real-life 'evil'. He considers whether such explanations were actually valid or an over-simplification of human acts.</p>
<p>Read the book 'Bounce: The Myth of Talent and the Power of Practice' (2011). This book tells you how training always trumps talent, looking at the science of deliberate practice and the mindset of high achievers. An important lesson for your studies in Psychology and life in general!</p>	<p>Watch the film '12 Angry Men' (1957) starring Henry Fonda. This film tells the story of 12 male jurors who must decide the fate of an 18-year-old Puerto-Rican boy accused of murdering his father. Links to the social influence topic, but you might also be able to make links to prejudice and preconceptions (linked to schema).</p>	<p>Read the book 'Bad Science' by Ben Goldacre (first published 2009). This is the first book that I always recommend as additional reading for Psychology students as it clearly identifies what science is and is not, something students must understand when assessing psychological research and applications (and part of the research methods topic).</p>

Links to websites used in this A-level enrichment sheet:

Link 1: <https://www.apa.org/pubs/highlights/sample/>