



**HIGHSTED GRAMMAR SCHOOL**  
**SAFEGUARDING E-BULLETIN (07 OCTOBER 2016)**

Dear Parents / Carers,

**Re: Stay up to date and keep your child safe in today's digital world**

To children, online life is real life. NSPCC has joined forces with O2 to help parents explore and understand online life as kids know it.

The internet is like a magician's hat. It's full of exciting things to explore and children love it. But whilst they seem to know what they're doing, sometimes it's hard for parents to keep track.

**Net Aware: NSPCC's methodology**

As part of their belief in helping parents know how to keep their children safe online, the NSPCC wanted to develop a guide, primarily aimed at parents of 8-12 year olds, about the social networks, apps or games with an interactive element that children use most frequently.

The NSPCC worked with their online safety partner, O2 – to find out what over 500 parents thought about the social networks that children use. We've also asked 1720 young people what they thought.

The purpose of the guide is to provide parents with the information they need to understand their child's online world and help them keep their children safe online. The NSPCC is encouraging parents to explore what other parents and children are saying about the sites, and form their own views about the appropriateness of popular sites.

They hope that Net Aware can help give parents the confidence to have balanced and informed conversations about what their children are doing online.

Net Aware can be accessed via: <https://www.net-aware.org.uk/>

The Net Aware App can be downloaded **free** from the App Store

**Further help and advice**

For practical support on privacy settings, parental controls and more call the Net Aware online safety helpline on **0808 800 5002**

Help for children and young people call **ChildLine** on **0800 1111**

Concerned about online grooming or sexual behaviour online? Contact CEOP (*the click CEOP button is located on our website*)

If you stumble across criminal content on the internet you should report it to the Internet Watch Foundation: [www.iwf.org.uk](http://www.iwf.org.uk)

Please contact **Mr Daniel Quinn (Designated Safeguarding Lead)** directly if you have further questions/concerns.

Telephone: 01795 424223

Email: [safeguarding@highsted.kent.sch.uk](mailto:safeguarding@highsted.kent.sch.uk)