

Highsted Grammar School Match Reports 2018-19

Track & Field Events: Friday 21 June

Kent Schools' Games Super 8s Finals at Medway Park: Swale & Sheppey District Team

On Friday 21 June, eight students from Highsted joined forces with eight boys from Fulston Manor to take part in the Kent Schools' Games Super 8s finals at Medway Park. Each student had to take part in one track event (100m, 200m, 800m or 80m hurdles) and one field event (High Jump, Long Jump, Javelin or Shot) as well as relay events.

The Highsted members of the team were: Anjie A, Chikosol Oke N, Alyssa D, Samantha A, Rachel C, Rose B, Esther M and Molly W.

The team did really well and many students placed top three in their pool. Chikosol Oke N narrowly lost out to 1st place with a photo finish performance in the 100m and nearly gained a new school record in the 100m placing 3rd overall in the finals. She also came 1st in her pool for Long Jump and second overall in the finals. The mixed relay medley team came 3rd with a 4 x 100m mixed medley followed by a 4 x 200m medley, leading all the way until the last few moments.

All the students competed to the best of their ability and some students gained personal best results in their events over the course of the day. They all should be proud of their performance, although their legs were tired the next few days!

Track & Field Events: Saturday 9 June

Kent Schools' Track & Field Championship at Ashford

At the Kent Schools' Track & Field Championship at Ashford on Saturday 9 June, Highsted students achieved great success. The event included competitions in all track and field events for anyone from Years 7-11. Katie S (Year 9) won the 3K Race Walk in 16 minutes and 56 seconds, beating second place by 20 seconds. Amelia W (Year 9) won bronze in the Hammer Throw with 31.78 metres and Shot with 9.43 metres (both personal bests and a new Highsted school record for Shot). Freya J (Year 10) came third in Long Jump with 5.11 metres and sixth in the 80m Hurdles. Rachel C (Year 7) came fifth in Shot with 6.27 metres. Vanessa A achieved 8.04 metres in Shot, a new school record.

Amelia W has been selected for the South East Schools' Inter Counties Track & Field Championships for Shot on Saturday 15 June at Bexley, and has been entered for the English Schools' Championships in Birmingham in July. Further to her athletics success, Amelia has also been selected and started playing for the Medway Rugby Club last season and was successful in the Kent Trials, playing for Kent along with fellow Highsted student Natalia F (Year 10.)

All students involved should feel immensely proud of their efforts, congratulations to you all!

Years 8 & 9 Athletics: Thursday 16 May

Swale Athletics Competition at Sittingbourne Community College

On Thursday 16 May, the Years 8 & 9 athletics team went to Sittingbourne Community College to compete in the Swale Athletics competition. The event was a combined event as the Year 9

event the week previously was cancelled due to rain. Both teams competed well and won their competition overall.

Amelia W achieved 1st place in the 100m and Shot; Pelumi O achieved 1st place in the Long Jump and 2nd place in the 100m; Neve R achieved 1st place in the 300m; Ilana W achieved 1st place in the High Jump; Katie W achieved 1st place in the Javelin; Gloria A achieved 2nd place in the Shot and Discus; and the team won the Relay.

In the junior event, Francesca V achieved 1st place in the 300m and 2nd place in the Javelin; Grace F achieved 1st place in the 1500m; Eva A achieved 1st place in the High Jump; Isabella H achieved 2nd place in the High Jump and Shot; Vanessa A achieved 1st place in the Shot; Tarryn M achieved 1st place in the Javelin; and the team came 1st in the Relay too!

Following on from the earlier achievements in Year 10, another great result - well done to all the girls in the teams!

Year 10 Athletics: Thursday 2 May

Swale Athletics Competition at Sittingbourne Community College

On Thursday 2 May, the Year 10 athletics team went to Sittingbourne Community College to compete in the Swale Athletics competition. This was the first event of the summer athletics programme, so the team had not had much opportunity to prepare, but they competed strongly and won the girls' event overall.

There were several strong performances from the team and many girls placed in their events achieving District standard. For many of the girls this was an opportunity to secure some competitive evidence for their GCSE Physical Education activities.

Freya J achieved 1st place in the 300m and Long Jump; Charlotte D achieved 1st place in the 200m and Discus; Mia T achieved 1st place in the Shot and 1500m; Anais N achieved 1st place in the 100m; Abbie H achieved 1st place for High Jump and 2nd place in the 100m; Ella T achieved 1st place in the 800m and 2nd place in the Javelin; and the team came 1st in the Relay.

Overall, an outstanding start to the season, well done to everyone who competed!

Year 9 Netball: Tuesday 30 October

Highsted versus Westlands

On Tuesday 30 October 2018, a group of only seven Year 9 girls played a match against Westlands School. In the first quarter, the score was still 0-0. We then realised that despite the fact that the score was still even, we had a hard match coming as the opposition had more possession of the ball.

The second quarter started and Amelia had many shots but narrowly missed them. However, Westlands had a stroke of luck in the third quarter and scored a goal, with that being only their second chance over the three quarters.

The last quarter was slightly better, as all the girls worked together with some amazing passes and creating space; but the score remained the same, meaning that we lost our first game of the season.

Hopefully, we can score next game and regain our winning streak. Well done to everybody that played and let's look forward to our next game against Sittingbourne Community College!

Final score: Highsted 0; Westlands 1

Katie (*Year 9 Netball Captain*)

Year 9 Netball: Monday 8 October

Highsted versus Oasis Academy

On Monday 8 October 2018, our Year 9 Netball Team had an away game at Oasis Academy and apart from the traffic, all was going well.

However, when we got there, Oasis only had enough players for one Year 9 and 10 mixed team. So, the Year 9s played the first two quarters, whilst the Year 10s did the last two. Highsted got off to a good start, despite the fact that we didn't start centre ball. We made beautiful interceptions and swift passes as a team.

The last quarter ended 2-1 to Oasis, so we had to work harder than ever in the second quarter to regain our victory that we lost in the first quarter. Luckily Amelia and Olivia worked together to achieve three more goals, to lead us to a very well-earned victory.

Well done to all the girls that played and we will make sure that we carry on our victories into the next matches that await us.

Final score: Highsted 4; Oasis Academy 2

Katie (*Year 9 Netball Captain*)

Year 7 Netball: Tuesday 2 October

Highsted versus Sittingbourne Community College

The netball match was fun and even more enjoyable because we achieved a fantastic win in our first match!

Players of the match were awarded to our GS and GA who were Amara, Jessie and Alissa who did a brilliant job scoring all our goals. Hannah was our Centre and did a great job marking our opponents and catching the ball. Chik and Samantha were our WA and WD and were both amazing as they are both tall and could block people easily. Abida was our GD is talented.

Next time I think she should mark her opponent a bit more but overall, she was amazing. I was the GK and I think I was quite good, but next time I need to be more hands on with the ball and mark my opponent more. SCC played really well and demonstrated a good sense of fair play and sporting behaviour. During the match we made a few mistakes, which we can learn from and next time we will come back even stronger.

Final score: Highsted 12; Sittingbourne Community College 0

Josie (*Year 7 Netball Captain*)

Year 8 Netball: Tuesday 2 October

Highsted versus Sittingbourne Community College

On Tuesday 2 October on a lovely sunny afternoon, Highsted played a Netball match against SCC and were very successful in achieving an amazing win.

The whole team were able to manoeuvre the ball to our two shooters, Isabella and Isabel. Tarryn, Grace and Jess were in the Centre position and were successful in both taking the centre and giving it to either Isabel playing GA or Grace or Jess who were playing in the position WA.

As a team we were good at blocking the ball from the other players at SCC. Holly, Millie and Evie did a brilliant job of blocking the ball from the SCC shooters and were skilful at grabbing the rebound when the SCC shooters missed.

Overall the match was very successful and was very hard to choose a star player so we all were on this occasion!

Final score: Highsted 21; Sittingbourne Community College 9

Bella (*Year 8 Netball Captain*)

Year 9 Netball: Tuesday 25 September

Highsted versus Fulston Manor

On Tuesday 25 September, Highsted Year 9 girls had their first Netball showdown against Fulston. Highsted got off to a great start with Oakleigh scoring the first goal in the first couple of minutes, Fulston then equalised shortly after and the first quarter ended 1-1. The two teams were evenly matched in the second quarter finishing with two goals each, Olivia and Avril did some great marking whilst Danielle was a great GK and saved many goals.

In the penultimate quarter, Pelumi was substituted on and did very well, especially when creating space and passing to Megan who then passed it on to Breanna. Despite Highsted's effective team work, the goals were frequent from the opposition and they finished with a three-goal lead on us. Even though Highsted had a big gap to close, we fought back and Karine did some great defending and Amelia and Oakleigh worked together to secure five more goals between them, resulting in a strong win for Highsted!

Well done to all the girls that played as we played really well in our first game of the year. Bring on the next game!

Final score: Highsted 7; Fulston Manor 5

Katie (*Year 9 Netball Captain*)

Years 10/11 Netball: Tuesday 25 September

Highsted versus Fulston Manor

Squad list

Year 10: GS - Hannah, GA - Charlotte, WA - Abbie, C - Freya, WD - Mia

Year 11: GD - Katie, GK - Arabella

Highsted Grammar School played Fulston Manor School on Tuesday 25 September. It was a warm day and the Year 10/11 team had high hopes to win against the Fulston Manor team. In the first quarter the Highsted team were losing against Fulston so during quarter time the Highsted team made changes to who was playing on court, subbing Abbie in to play and Ruth out of play. The team then stayed the same for the whole match resulting in an amazing win for Highsted.

The team should work on their spacing issues as there were many times where players were in the same space. They should also work on slowing the play down to ensure mistakes such as footwork and replay do not occur. Shooters should focus on re-bounding their shots to ensure they have a second chance at scoring if the first goal doesn't go in.

Final score: Highsted 7; Fulston Manor 5

Georgie (*Team Coach*)